

Conference Agenda
February 16th-18th
Orlando, FL



****Agenda is subject to change***

Welcome to Healing Together 2024!

Throughout the conference, you can visit our calming and grounding area when you need a break. There are art activities, a quiet space, sensory items, and a walking labyrinth.

Many thanks to our sponsors!

The labyrinth, along with walking tips, are provided courtesy of Alix Amar M.Ed, MSS, LCSW.

Creative corner materials are provided courtesy of The Institute for Creative Mindfulness.

The grounding and sensory room materials are provided courtesy of Healing Selves Therapeutics, PLC.

Drawstring backpacks are provided courtesy of Colleen Walsh, LPC, LLC.

Friday February 16th

Pre-Conference Activity

3:30-4:30PM Open House (In person event only)

Attendees can enjoy some delicious Doubletree Chocolate Chip cookies and brownies along with drinks (non-alcoholic) while exploring the space and reconnecting with friends. Registration will be open during this time.

4:30-4:45PM Welcome to the Hive by the AIM board of directors Room 1

5:00-6:00 Meet your hive mates

Small Groups

∞**Room 1-** Returning to the Hive **(will have a zoom room option)**

∞**Room 2-** New Bee **(will have a zoom room option)**

∞**Room 3-** Connective Art Experience **(in person event only)**

∞**Room 4-** Gentle yoga, Grounding and Mindfulness **(will be live streamed)**

8:00-9:30PM Open Mic Night and Karaoke (In person event only)

Room 1

Join us for our first Open Mic Night, brought you by Healing Selves Therapeutics and Grady Crumpler. Come share your poetry, art, music, dance.. We may even be breaking out the karaoke machine to close out the night! *Unfortunately due to respect for confidentiality, this will not be live streamed or recorded.*

Conference Agenda
February 16th-18th
Orlando, FL



Saturday February 17th

*** Pre-Conference Activities**

8:00-8:45 AM **Gentle Yoga, Grounding, and Meditation Class by Ashleigh Grooms LCSW**
Room 2 **(Will be livestreamed)**

8:00-8:45AM **Addiction Recovery Group by Faith+ and Annie**
Room 4 **(Will have a zoom room option)**

8:00-9:00 AM **Registration Opens**
Main Conference Hall

9:00-9:15 AM **Welcome by An Infinite Mind Board Member Jaime Pollack**
Room 1

9:15-10:30AM
Keynote Presentation
By Any Other Name: plurality, identity, and pure love by Karen Faith
Room 1



Karen Faith shares her personal story of unpacking and repacking the unwieldy quirks of her own mind using dozens of frameworks and therapeutic approaches, only to find the most helpful answer was the simplest one. Smart, sincere, and at times laugh-out-loud funny, this talk is sure to inspire, connect, and empower audiences to approach their parts with curiosity and heart.

10:30-10:45 AM: Refreshment and Snack Break Provided by An Infinite Mind

10:45-12:15 PM **Breakout Sessions**

∞**When Talking is Hard by Wendy Whittington LMHC and Garden System**
Room 1

Those moments in therapy when silence begins to take over can be unnerving not only for the client, but also for the clinician. Silence is hard and uncomfortable. It is also a golden opportunity for healing. Learn to be comfortable with silence, when to break it, and how to empower your client or yourself to find their/your voice.

Conference Agenda
February 16th-18th
Orlando, FL



∞**Taking the “disorder” out of PTSD and DID: Physiological adaptation in response to trauma by Anna Rosenhauer, PhD**

Room 2

Physiological research has clearly demonstrated that responses to trauma are adaptive and necessary for survival rather than being a “disordered” or “abnormal” response. From the viewpoint of a dissociative survivor and neuroscientist, this session will examine research that demonstrates the biological adaptiveness of complex and dissociative responses to trauma and identify how seemingly incongruent, “disordered”, or “maladaptive” responses and behaviors make sense through the lens of adaptation and survival.

∞**Fragmented Reflections: the use of collage for dissociative exploration by Luca Nova Webb**

Room 3

This presentation delves into the powerful realm of art therapy as a tool for comprehending dissociation and dissociative identities. By combining creative expression and introspection, participants discover a unique avenue to navigate the intricate landscapes of the mind. Through hands-on experiences, we explore how visual metaphors and symbolism can shed light on the complexities of dissociation. This session underscores the capacity of art therapy to provide a safe platform for dialogue, encouraging participants to embrace and understand their own and others' dissociative experiences. Join us in unraveling the layers of dissociation through the transformative lens of therapeutic arts and collage.

∞**Helping Couples Navigate the Dissociative Experience by David Llewellyn LMHC**

Room 4

This presentation addresses the challenges therapists and couples face together when one (or both) of the members of the coupleship has dissociative response patterns that affect the relationship and the supportive partner. The emphasis in this presentation is on effective therapy for couples in the context of helping them work together for the health and well-functioning of their relationship, while also addressing the dissociative experience and how it impacts each member of the coupleship. Some of the content may be applicable for other family members who support a loved one with dissociative response, but the target is primarily couples therapy.

∞**Many Flowers, Many Seeds: Spaces for DID for People of Color By Nikia Chaney**

Room 5

There is a need for spaces that recognize the racial and ethnic lived experiences of people of color living with dissociative identities. Being in a black or brown body has real world impacts that compound radicalized experiences in many ways we do not easily see. Symptoms of dissociation may present differently so special care should be taken in regard to treatment and understanding. As a black woman with DID, I hope my own journey with disassociation will help to create more spaces for people of color, and those with black and brown bodies to share their experiences as well.

12:15-1:45 PM **Lunch break provided by An Infinite Mind**

12:30-1:30PM ***Optional Chat and Chews***

Grab your lunch and come join one of our chat and chews. Meet with your fellow attendees to discuss what is on your mind. These are moderated by mental health professionals and will have separate groups for in person and virtual.

∞**Room 1:** People living with dissociation and dissociative identities

∞**Room 2:** Supporter of people living with dissociation and dissociative identities

∞**Room 3:** Therapists **with** dissociation and dissociative identities

∞**Room 4:** Therapists **who treat** dissociation and dissociative identities

Conference Agenda
February 16th-18th
Orlando, FL



1:45-3:15 PM Breakout Sessions

∞**The Addiction as Dissociation Model: Implications for Healing Substance Use and Eating Disorders by Dr. Jamie+ Marich Ph.D., LPCC-S, LICDC-CS, REAT, RYT-200, RMT, Adam O'Brien, PhD., LMHC, CASAC, and Alicia Hann**

Room 1

The Addiction as Dissociation Model (ADM) was developed by Adam O'Brien and Jamie Marich in 2019. ADM is a unifying theory of addiction that shows how the inner-play between trauma and dissociation challenges the narrative of modern psychology, the medical model, and societal/cultural factors. In this presentation, a general overview of the model is given by its two creators, discussing how this dissociation framework can enhance our delivery of treatment for both substance use disorders and eating disorders. Alicia Hann, an eating disorder survivor, joins the panel to add her lived experience in discussing the model and its implications. Although professionals, Adam and Jamie also offer their lived experience with dissociation and addiction to enhance the discussion.

∞**How to Connect With and Rock The Worlds of Emerging Adults with OSDD/DID By Katie Keech LMFT**

Room 2

This presentation will explore how clinicians can connect with clients who are both emerging adults and also OSDD/DID. Emerging Adults are defined as being between 18 and 25 years of age. Many clinicians view clients in this range as a stage that is not workable and who will frequently drop out of treatment. However, they are a fantastic age range to connect with and only tend to drop out of care when clinicians cannot understand nor take the time to connect. What we will discuss today can also apply to selves who are in that age range.

∞**A Measure of Hope: Moving Beyond Standard Talk Therapy for Clients with DID and OSDD by Alli Broderick and Dr. Julia Sadusky PsyD**

Room 3

This workshop will present and explain a collaboration between a person with DID and their individual, movement and art therapist, that resulted in a performance piece to bring "a measure of hope to their healing." It will demonstrate expanding the scope of work beyond talk therapy within a trauma-informed, strengths-based and ethical lens. This panel discussion will present the process of developing ways for the system to convey and process feelings, thoughts and reflections to promote greater resiliency. It will also invite participants and providers to consider ways to cultivate strengths and build out additional avenues for doing so.

∞**Finding the Magic in the Mess by Nameless System**

Room 4

The beauty in the broken; when you realize that love doesn't have to divide, it can actually multiply. I will be sharing lessons learned from lived experience alongside hands on experiences to relate to life's ups and downs with DID. We will discuss embracing the realities of messy emotions and the importance of looking for magic in all the right places. Allow us a chance to share tidbits we've learned as a reminder to all that getting messy (physically/emotionally/metaphorically) doesn't have to be something to be afraid of. In fact... sometimes it's magic.

∞**"Where Were You, God?" by Rev. Lyn Barrett, M.Div., M.Ed+**

Room 5 (will not be live streamed or recorded)

Have you ever wondered where God was while you were being abused? What do you want to say to your Higher Power? Do you have hard questions on your mind? In a safe, unrecorded space, we'll share and act as support people for one another without judgment. This gathering is open to anyone who has a faith in God, Allah, Elohim, Higher Power, or any other name used to refer to the Divine.

Conference Agenda
February 16th-18th
Orlando, FL



3:15-3:30 PM: Snack Break Provided by An Infinite Mind

3:30-5:00 PM Breakout Sessions

∞**The Good, The Bad, and The Ugly: Navigating DID as a Family by Holly, Grady, and Dylan Crumpler**
Room 1

The family that brought you the short film, *Petals of a Rose*, provides a peak behind the curtain of their lives. Partners for 39 years, Holly and Grady have weathered a lot of storms, including Holly's DID diagnosis at age 51. Their oldest son, Dylan, confused by his mom's unpredictable behavior, ultimately made his college senior thesis film about DID to understand and heal. Their younger son, Lee, just kept trying to make everyone laugh! Join them as they share with raw vulnerability how they navigated their healing journey together – a story of love, pain, healing, humor, and hope.

∞**Bridging the gaps in a fractured field: an integrated understanding of treatment for ED and DID**
By Annie Goldsmith RD, Noah GranadeL CSW, and Katie McMullen
Room 2

In the mental health treatment landscape, eating disorders and trauma disorders are often viewed as distinct clinical issues with siloed treatment approaches, yet these two conditions co-occur at very high rates. Clients often find themselves frustrated in treatment, understanding that struggles with eating and trauma/dissociation are interconnected in complex ways, but lacking access to care that provides an integrated understanding and approach. In this panel, presenters will share perspectives on treatment that effectively address eating disorders in the context of dissociative identity response. Both lived and learned/professional experience will be represented.

∞**BIG MESSY COURAGE: How Cultivating Creativity Can Bring Healing and Order to Complex Trauma by Cheryl**
Room 3

Being creative is not about what we do or produce—it's about who we are and how we got here. It's sharing our soul. If that isn't frightening or messy, I don't know what is—Except for trauma work—Now that's frightening and messy. Both take vulnerability and a whole lot of courage. Join art and play therapist Cheryl Childers in this interactive, experiential workshop exploring the relationship between Creativity and healing. Gather your fear and your courage—together we will get messy learning ways of cultivating Creativity through art experience that will promote internal and external self-expression, self-awareness, and self-compassion. Art supplies provided.

∞**Healing baby/infant parts; our lived experience by System of Gardens and Flowers**
Room 4 (will only be live streamed, not recorded)

In 2020, our therapist sent us a story written from the point of view of two babies, one cared for and the other abandoned. The story sent us into an emotional spiral to be remembered but most importantly, it sparked a revolution in our mind. We realized that we had to take care of them and that they were very different from other alters. Three years later, we have developed techniques, encouraged expression and sparked major shifts through healing our (now 10) baby parts. We are happy and honored to share them with you all and hope it will help you all.

Conference Agenda
February 16th-18th
Orlando, FL



∞When Your Therapist Is Your Whole World by Vivian Conan
Room 5

Each of my seven therapists was, at some point, the most important connection in my life: the one person I depended on to see, acknowledge, understand, and care about me—in short, the person I felt I couldn't live without. Some knew that, some didn't. Some were OK with it, some weren't. I share my experience navigating the ups and downs of this tricky but vital relationship. I also talk about what it's been like to move on, with my therapist still important, but no longer my whole life.

*** Post-Conference Activities**

5:30-6:30 PM

∞Petals of a Rose: A Narrative Short Film About DID: Film screening and discussion with the Filmmaker by Dylan, Holly, and Grady Crumpler
Room 1

Are you tired of watching Hollywood depict people with DID as violent criminals? Do you wish you had a film to show your friends/family to help them understand the struggle of living with unhealed trauma and dissociation? Given that DID has been inaccurately and negatively portrayed in film/television, Dylan created his college senior thesis film to realistically depict the life of a woman with DID. Dylan wrote a screenplay with his mother, Holly, who has DID, and developed it into a film. Join Dylan, Holly, and Grady Crumpler in watching and discussing the groundbreaking film, Petals of a Rose.

∞Healing Words by Kim Elbirt PhD, G.Y.M.M.I.E., Suritaplus
Room 2

This workshop will introduce participants to writing as a healing craft. We will begin with a mini-writers workshop, then facilitate a discussion with participants and Dissociative Writers about what writing means for us on our healing journeys. Dissociative Writers now offers weekly traditional and writing-in-place workshops, a community platform, self-published writing anthologies, and monthly social hangouts. Our vision is to provide a safe space to support one another in our writing and use the creativity that helped us survive to tell our stories.

∞Rupture and Repair. Creating the Healing Journal through Collage by Larry Ruhl
Room 3 (will not be live streamed or recorded)

In this workshop we will explore using collage and journaling together as an added element to the healing process. No experience is required, just an open mind. The necessary supplies will be provided however participants are free to bring meaningful items of their own."

∞Kirtan: Traditional Call and Response Chanting by LS and Melanie Scarboro
Room 4

This presentation will be interactive/experiential and also include history, translations, and traditional stories of the sacred, healing practice. In addition, each presenter will share their personal relationship with the practice as it has aided in their healing journey. Speakers will also discuss how the Sanskrit mantras promote healing in the body.

Conference Agenda
February 16th-18th
Orlando, FL



Sunday February 18th

***Pre-Conference Activities**

8:00-8:45 AM **Gentle Yoga, Grounding, and Meditation Class by Ashleigh Grooms LCSW**
Room 2 **(Will be livestreamed)**

8:00-8:45AM **Addiction Recovery Group by Faith+ and Annie**
Room 4 **(Will have a zoom room option)**

9:00-10:30AM **Breakout Sessions**

∞**Parts at Work by Tab+ Berger**
Room 1

For many, your career is one of the most important aspects of your identity. I thought mine was over when I was diagnosed with DID after an alter took over my email. How I bounced back professionally after public embarrassment changed my perspective on who I am collectively. Together we'll explore how to manage your professional life while living with dissociation. We'll discuss how to return to work following a mental health related leave of absence and apply strategies to manage dissociation in the workplace. I will also share my favorite self-care tips on finding purpose beyond your employment.

∞**It's A Practice, Not A Feeling: empathic perspective-taking with curiosity and non-judgment by Karen Faith with guest Dr. Jem Powell**

Room 2

For those who experience dissociation, internal perspective-taking can come with intense emotions, so it can help to practice the skills with other people first. In this workshop, we explore the tools of empathic perspective-taking with others, redefining empathy as a practice, not an emotion. Participants will 'interview' one another in short rounds, utilizing unique listening techniques one at a time. Exercises are done in 1:1 pairs, with some personal writing and group discussion.

Accessibility note: this workshop relies on audible and visual input so attendees with visual or hearing challenges might have participation limitations.

∞**Healing My Parts with Art by Meg's with Brushstrokes & Imagination**

Room 3

I once treated my parts as I was treated as a child. I physically abused them. I ignored them. I argued with their truth. I denied them. All the while my parts became even louder. Until I was able to listen with my whole heart. Realizing "they" had every right to feel angry and resentful. I held them in one hand and illustrated their story with the other hand. Today they are the stars of each painting I illustrate. I have a greater appreciation for each of them and the role they play in my daily life. I stay curious.

Conference Agenda
February 16th-18th
Orlando, FL



∞So, you're in a relationship with someone who dissociates. What now? By David Llewellyn LMHC, Peg and Steve Eisenberg
Room 4

This presentation is for partners/supporters of someone with dissociative response, from the perspective of a couple and their therapist who have learned how to navigate this challenging process. Lessons learned: what didn't work, what works better, to create mutual respect and mutual satisfaction in the relationship. This presentation will provide plenty of opportunities for attendees to participate in the discussion. Given the lack of support for significant others and family members of loved ones with dissociative response, this is a critical area of need.

∞Challenging myths and misunderstandings about drug use in dissociative individuals by Jonathan Cleveland, Ph.D
Room 5

Dissociative disorders were among the first conditions studied by psychiatrists and psychologists. Yet, too frequently, professors and supervisors seed doubt about the validity, prevalence, and etiology of these conditions. At times, it is suggested that because a history of psychoactive substance use is relatively common in individuals presenting with DID, and because one DSM-5 criteria states "symptoms are not due to the direct physiological effects of substances," that many cases are miscategorized substance users. This presentation explores an array of both adaptive and maladaptive functions of substance use in highly dissociative individuals. A related original study will be discussed

10:30-10:45 AM: Refreshment and Snack Break by An Infinite Mind

10:45-12:15 PM: Breakout Sessions

∞One Body Multiple Eating Disorders by Rachel Millner, Psy.D., CEDS-S and Monika Ostroff, LICSW, CEDS-S
Room 1

Given that 40% of people with DID struggle with eating disorders, the likelihood of someone with any type of complex dissociation having one is high. Eating disorders often go undiagnosed and are not well treated in systems. Given the complexity of parts identifying as having different bodies, food preferences and behaviors, this is not surprising. Using a fun, interactive activity we will provide an overview of Health At Every Size® and weight inclusive care. We will support providers and those with lived experience in learning ways to work with systems while recognizing the unique and varying needs of each part.

∞Let's Get Real – Coping with the Tough Stuff; Improving Internal Communication and Self Compassion by Kim Elbirt PhD
Room 2

People who have developed dissociation and DID often have parts that engage in behaviors once necessary for survival, that become identified or are experienced as distressing, frightening or extremely disruptive to the functioning of their system. These may include disordered eating, substance use, self-harm, elopement, and suicidal thoughts, urges or attempts. This workshop will address ways to build internal communication, cooperation, and self-compassion, and provide an opportunity to develop an initial health maintenance/crisis plan and rights/responsibilities list for participants to build a foundation for addressing these behaviors/experiences to promote safety, stability, and healing within their system.

Conference Agenda
February 16th-18th
Orlando, FL



∞**Working with Multiply Neurodivergent Adults: When Folks have ADHD and/or Autism and OSDD/DID** By Mx. Katie Keech LMFT
Room 3

When folks are multiply neurodivergent, things can get complicated. Neurotypes such as ADHD and autism may put people at higher risk of trauma, which may in turn lead to OSDD/DID. But they are not the same thing as reactions to trauma, and may be advantageous in surprising ways. In this training we will look at the various ways ADHD and/or autistic systems present, and how therapists can best support them. Together we will examine various ways to lean into neurotypes to better facilitate healing and growth.

∞**Rising Above Illusions: Decoding Ongoing Contact and Demything Perpetrator Groups' Power in RA/MC** by Sharri Burggraaf
Room 4

**This session has the potential to be very triggering to some attendees. Please leave the session as needed for self care.*

Drawing from her 30 year personal journey of liberation, Sharri sensitively unravels the complexities of RA/MC and the power perpetrators claim, making it simpler for others by unveiling illusions, dismantling deceptions and sharing her discoveries. She delves into the nuances of ongoing contact, profound impact of proximity, and exposes fear-induced covert techniques, interactions, and psychological conditioning, challenging the myth of perpetrators being “all knowing”. This gripping exploration with the valuable insights she shares of what she discovered that would have accelerated her recovery had she known these empowering truths, offers hope to unarm the power abusers have over survivors.

∞**Supporters have parts too: the multiple roles of a supporter of a loved one with DID** by Jessica Pierfelice
Room 5

As a supporter to a loved one(s) with DID, you fill many different roles: spouse, friend, caregiver, parent, trusted adult, confidante, witness to their story, their safe space to vent or express anger, and many more. Adding to the complexity, many of these roles are practiced in secrecy as the outside world may not be aware. In this session I will discuss the various roles that I as a supporter have taken on, some of the emotions that come with those roles, and strategies that I have found to help cope and embrace being a supporter.

12:15-1:45 PM: Lunch break provided by An Infinite Mind

12:30-1:30 PM *Optional Chat and Chews*

Grab your lunch and come join one of our chat and chews. Meet with your fellow attendees to discuss what is on your mind. These are moderated by mental health professionals and will have separate groups for in person and virtual.

- ∞**Room 1:** People living with dissociation and dissociative identities
- ∞**Room 2:** Supporter of people living with dissociation and dissociative identities
- ∞**Room 3:** Therapists **with** dissociation and dissociative identities
- ∞**Room 4:** Therapists **who treat** dissociation and dissociative identities

Conference Agenda
February 16th-18th
Orlando, FL



1:45-3:15 PM: Breakout Sessions

∞Support Along the Path to Healing by Jenna and Jonathan (Gianu System and SplenDID Supporter)

Room 1

Jonathan and Jenna were married for over fifteen years before they knew about the rest of the system. As the system became active, Jonathan took a proactive role in learning about the disorder and how best to support the system in healing. His acceptance and insight have been a key part of their healing journey and have led him to help other partners and family members of systems online.

∞ Intergenerational trauma: How traumatic responses are passed through the generations and how to stop by Anna Rosenhauer PhD

Room 2

Research has demonstrated that information on traumatic responses and adaptations can be communicated to an organisms' offspring. From the viewpoint of a dissociative survivor and neuroscientist, this session will explore behavioral and biological mechanisms of intergenerational trauma transmission including parental behavior, attachment, epigenetics, and extracellular vesicles. Understanding how traumatic responses are passed to future generations not only validates the devastating legacy of trauma, but also provides new hope for healing that can stop and even reverse the cycle.

∞Unlocking the Creative Genius: Discover The Power of Curiosity, Imagination, and Creativity by Cheryl

Room 3

"The Creative Genius doesn't sit on your shoulder and sing sweetly. It's an annoying whine. It follows you everywhere, tapping you on the shoulder, demanding that you stop doing whatever you're doing and pay attention to them..."

Sound familiar? Explore the radical idea that we all have a 'Creative Genius' who can serve a powerful role in healing from complex trauma. Join art and play therapist Cheryl Childers in this interactive, experiential art workshop to promote internal awareness, expression, cooperation, and regulation. Gather your courage, and let's spark imagination and curiosity in the name of healing! *Art supplies provided.*

∞Healing From Toxic Shame by Gabby Sacks PhD

Room 4

Shame is a universal, sometimes useful emotion. But what happens when shame becomes toxic? Childhood sexual abuse can cause you to internalize shame, along with messages like, "I am bad" or "I am worthless." This kind of shame insidiously infects every aspect of your adult life, from your self-perception, to your relationships, to your entire worldview. You can learn to challenge your shame-based messages and free yourself from toxic shame. In this workshop, I will share my personal journey from shame to self-worth using my psycho-structures and music, and suggest ways to let go of shame.

∞Therapeutic Fandom of The Teenage Mutant Ninja Turtles by Mx. Heather (H LS) Scarborough

Room 5

From the beginning we, as a dissociative system, identified TMNT fandom as a creative outlet to balance our inner and outer worlds. The distinctness of the Turtles personalities also helped us identify strengths and weaknesses within our internal system and work as a team to overcome adversity.

3:15-3:30 PM: Snack Break Provided by An Infinite Mind

Conference Agenda
February 16th-18th
Orlando, FL



3:30-5:00 PM: Breakout Sessions

∞Making Space to Heal In by Venn Khadyr

Room 1

Establishing a sense of safety is an important part of healing, and yet the feeling of safety is often foreign for survivors. In this talk, I will discuss my own experiences with creating a home that feels safe to all parts, and how breaking patterns of stimuli around us can help us to form new associations and finally feel safe. This talk is primarily intended for survivors who are seeking to find ways to help themselves regulate and relax at home, but may also provide ideas for therapists looking to help their clients feel safe for the first time.

∞Braving Your Way through Disclosure by Dr. Adrian Fletcher PsyD (BlenDID System)

Room 2

Disclosure is a process that needs care, concern, and consideration. Many living with dissociative disorders, especially DID, live in fear about people finding out that they have a system of dissociative parts. Whether you are a clinician living with DID, a person living with DID, or a supporter wanting to learn the process or support your loved one through the disclosure process this presentation will invite you to consider the benefits and risks of disclosure.

∞Writing: The Healing Art of Finding Your Voice(s) and Speaking Your Truth(s) by Bonnie Armstrong

Room 3

Every story about living with dissociative identities is different and every healing journey follows its own twists and timing. Even so, we celebrate that every story told helps someone else on their path. Writing can also be a potent means of finding our internal truths and freeing internal voices. Join us for a discussion of how the process of writing for publication surprised and pushed each one of us in my internal community to find our authentic voices and look more deeply at what we have learned. Please bring your experiences to share, too.

∞Embarrassment, Blackmail, & Epic Moments; D.I.D. Can Rule them All! by Madison Clell

Room 4

Once again this will be FUN ONLY session! I'll discuss how D.I.D. can create Embarrassment & Epic Moments, and even...Blackmail?!? But can ALSO turn all three of the former around into enhancing the life experience. I will primarily be roasting myself, others will have the opportunity to ANONYMOUSLY share brief stories. Chocolate will be thrown and eaten.

∞What One Therapist Wishes She Had Known Seven Years Ago About Treating Clients Who Live With DID by Teri Reisser, M.S., M.F.T.

Room 5

Seven years ago, two different individuals started therapy around the same time. Both told me they lived with DID. Thus began an astonishing, sometimes bewildering, surprising journey to educate myself (including certification, conferences, professional consultations, three shelves of books on complex trauma and countless hours listening to podcasts). There were so many mistakes made in the earliest of those years, but my clients were patient. They said they felt safe with me and knew that I was committed to them. It is my desire to share some of my early mistakes (and the resulting hard-won lessons) with other professionals.

5:15-5:45 PM: Closing by Jaime Pollack, Founder/Director of An Infinite Mind

Room 1